"I Can't Hear You!" A FREE 3-part program on Zoom

Presented by Bonnie O'Leary, NVRC's Outreach Manager and Certified Peer Mentor, and Debbie Jones, NVRC's Resource and Technology Manager.

Part I - Wednesday, February 21, 7 PM Do I Have a Hearing Loss? What Can I do About it?

- Understanding and recognizing hearing loss
- Audiologist or Hearing Instrument Specialist?
- How to interpret your audiogram
- Prescription vs. Over The Counter hearing aids



Register for Feb 21

Register for Feb 28

Part II - Wednesday, February 28, 7 PM "Techie Stuff" to the Rescue!

Demonstration of hearing assistive technologies and apps

- Amplified and captioned landline phones
- Smartphone apps
- Flashing alert system
- Personal amplifiers
- TV listening system
- Explanation of the Technology Assistance Program for those who meet income guidelines

Part III - Wednesday, March 6, 7 PM Living with Hearing Loss

- Emotional impact of last-onset hearing loss on everyone in the relationship
- Speaker/listener/environment/message in communication
- Speechreading & communication strategies
- · The value of assertiveness
- Local resources



Register for March 6

Live captioning will be provided.

If you need additional accommodations, please contact Cheryl Gault at <u>cgault@nvrc.org.</u>

NVRC is a non-profit. No sales are ever involved.